

## Bread & olives:

Sourdough with salted butter (V)	£5.00
Spanish olives (VG)	£5.00

## Small plates and sharing:

<b>Spiced cauliflower</b> (VG) Tender, fried cauliflower with a spicy romesco dip	£6.00
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<b>Homemade Scotch egg</b> Cumberland Scotch egg with Claire's handmade apple chutney and house salad	£8.50
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<b>Braised chicken wings</b> Marinated wings with miso dipping sauce	£7.00
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<b>Meze</b> St James Smoke House salmon mousse, Mediterranean tzatziki and beetroot hummus with stone baked sourdough flatbread	£7.50
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<b>British charcuterie board</b> Air dried beef, pork loin coppa and Uphall farmhouse ham, Pepinillos, sweet guindilla & pickled onions	£10.00
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<b>Soup of the day</b> With sourdough bread, always vegetarian and often vegan, see the specials board	little £6.00 / large £7.50
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## Salads, small or large:

<b>Som Tam Thai salad</b> (VG) Green papaya, cherry tomatoes, fine beans and Thai dressing	
Add tofu	little £7 / large £12.00
Add grilled king prawns	little £8 / large £14.00

<b>Caesar salad</b> Our take on the classic	little £7 / large £12.00
Add chicken or king prawns	little £8 / large £14.00

<b>Mackerel and fennel salad</b> Smoked mackerel salad with shaved fennel, orange, red chard and olive oil	little £7.50 / large £13.00
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<b>Roasted chorizo and chickpea salad</b> With rocket, spring onion, grilled peppers and olive oil	little £7.50 / large £12.00
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## Stone-baked sourdough pizza:

<b>Margherita</b> (V) Mozzarella, tomato and garlic passata	£9.00
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<b>Ham &amp; mushroom</b> Field mushrooms, Cumbrian ham and mozzarella	£10.00
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<b>Mediterranean vegetable</b> (VG) Artichoke, olive and pimento	£10.00
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## Burgers:

Served in a brioche bun with French fries and side salad

<b>The Living Space beef burger</b> Cumbrian beef, blue cheese, salad and beetroot relish in a brioche bun with French fries and house salad	£16.00
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<b>Vegetarian burger</b> (V) Quinoa and soybean patty, blue cheese, salad and beetroot relish in a brioche bun with French fries and house salad	£14.00
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<b>Grilled chicken burger</b> Chicken breast, bacon and crushed avocado in a brioche bun with harissa mayo, French fries and house salad	£15.00
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## Mains:

<b>Aged 8oz Cumbrian rib eye steak</b> To your taste, with chimichurri sauce, French fries and house salad	£24.00
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<b>Fish and chips</b> Tirril beer battered cod with crushed peas, tartare sauce and French fries	£16.50
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<b>Mediterranean vegetable pappardelle</b> (VG) Grilled artichoke and Mediterranean vegetables with Provençale sauce	£15.00
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<b>Coconut katsu</b> Japanese curry, sticky rice, pickled ginger and coriander	
Add tofu	£12.00
Add breaded chicken or king prawns	£14.00

<b>Cumbrian lamb tagine</b> Slow-cooked lamb with parsely, mint and lemon couscous	£13.00
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## Sides:

<b>French fries</b> (V)	£2.50
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<b>Summer leaf salad</b> - Mixed summer leaves, julienne carrot, sundried tomatoes and mixed seeds (V)	£2.50
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<b>Parsley, mint and lemon couscous</b> (V)	£2.50
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<b>Grilled summer vegetables</b> - Artichoke and Mediterranean vegetables (V)	£2.50
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<b>Garden veg of the day</b> - Always seasonal, some from our kitchen garden, please ask (V)	£2.50
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## Children:

<b>Hummus dipping plate</b> (V) With stone-baked sourdough flatbread, carrot and cucumber sticks	£5.50
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<b>Margherita pizza</b> (V) Tomato sauce and mozzarella, with gluten-free bases and dairy-free cheese available	£9.00
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<b>Children's pasta</b> (V) Penne pasta with your choice of homemade tomato sauce, cheesy sauce or Spanish olive oil with grated parmesan	£6.00
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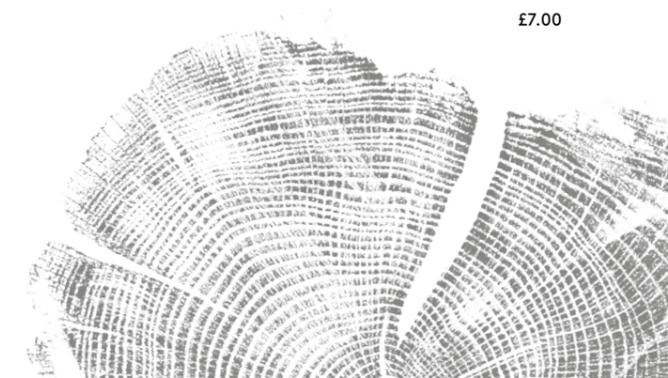
<b>Soup of the day with sourdough</b> With sourdough bread, always vegetarian and often vegan, see the specials board	£5.50
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<b>Sticky wings</b> Chicken wings and BBQ dipping sauce	£4.50
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<b>Children's bigger plates</b> All served with new potatoes, mashed potatoes or fries and baked beans, peas or seasonal vegetables:	
Cheddar cheese and Cumbrian ham toastie	£7.00
Grilled free-range chicken	£7.00
Cumbrian beef burger	£7.00
Grilled or fried fish	£7.00

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**Allergies and intolerances:**  
Before you order your food and drinks please speak to one of the team if you want to know about our ingredients.



## Puddings:

Homemade ice cream and sorbet - Lots on offer, please ask

Scoops: 1 - £2.00 / 2 - £3.50 / 3 - £5.00

Light lemon mousse (V)

With poached raspberries and shortbread

£6.00

Chocolate brownie (VG)

With cherry sorbet

£6.00

Sticky toffee pudding (V)

With vanilla ice cream

£6.50

Summer fruits (V)

Fresh raspberries and strawberries with lemon and yoghurt sorbet

£6.50

British cheese board (V)

Thomas Fudge's biscuits, Claire's chutney and grapes

£8.50

## Coffee:

Our coffee is roasted and supplied by Origin coffee from Cornwall

Espresso

£2.50

Macchiato

£3.00

Cornish macchiato

£3.00

Americano

£3.00

Flat white

£3.50

Cappuccino

£3.50

Mocha

£3.75

Latte

£3.50

White chocolate mocha

£3.75

Flavoured syrups are available to add to your coffee

50p

## Teas by the pot:

£3.00 per pot

Breakfast

Earl Grey blue flower

Whole peppermint

Green tea with ginseng

Chamomile

Red berry and hibiscus

Lemongrass and ginger

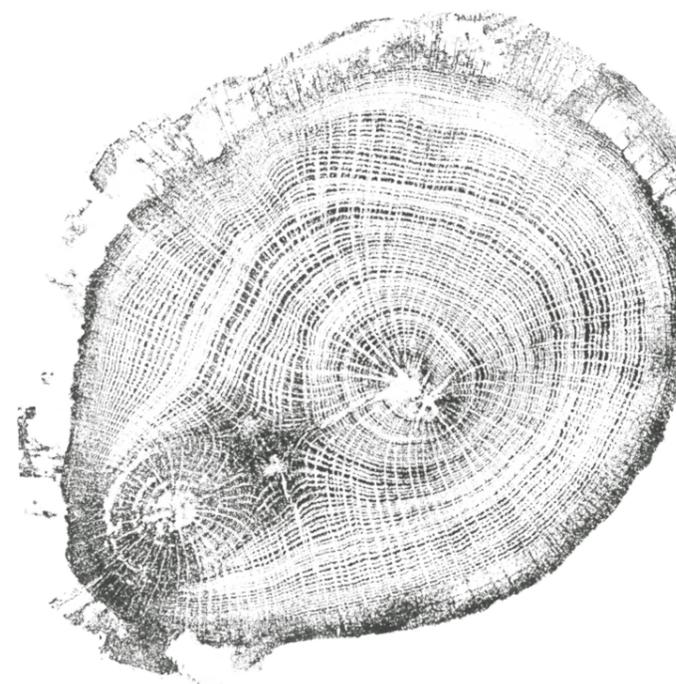
## Callebaut ground chocolate:

Hot dark chocolate

Kids £2.75 / Large £3.75

Hot white chocolate

Kids £2.75 / Large £3.75



**EVENING**

**THE LIVING SPACE**

