

Circular route

- 1 Start at Glenridding car park – CA11 0PD.
- 2 Leave the car park by the entrance and at the road turn right to cross Glenridding Beck bridge, then immediately right again. Follow it past Gillside campsite and on to the road. Bear left up towards the farm, but just before bear right up a rough farm track.
- 3 Reaching the fell gate, turn left and cross the footbridge.
- 4 When you reach the wall, bear right and work your way up towards the Hole in the Wall, which you pass on your left.
- 5 Follow the path onto Bleaberry Crag, which leads to the formidable Striding Edge. Take care over this ridge, it is narrow and has loose stone.
- 6 Do not follow the ridge right to the end, someway back to the left is a gully that will lead you off safely and is less of a scramble.
- 7 Ahead there will be what looks like a rock wall, however you will be able to make your way over it with steady feet and at the top turn right and you'll come to the Gough memorial.
- 8 Continue on up to the shelter at the summit of Helvellyn. The trig point is shortly after this.
- 9 Once at the trig point, follow the path to the top of Swirral Edge and follow it round, keeping just to the left of the ridge as the top is very loose.
- 10 Keep high and right at the stone gully, pass through a narrow gap.
- 11 You can then head down to Red Tarn, or continue on to Catstycam for the views, retracing back slightly to descend to Red Tarn.
- 12 Bear left from the tarn, to a gravel path until you reach a footbridge. Follow the stream back to the car park.



Helvellyn

Difficult | 13.7 km | 5 hours

ANOTHER PLACE

Walking in the Lake District comes with risk and conditions change quickly. We would always recommend checking the weather forecast, wearing suitable clothes and choosing a walk for your ability. We would also recommend taking an OS map and compass and know how to use them. The hotel takes no responsibility for any injury, loss or damages that may occur when following the directions.

DIFFICULT

At 950 m, Helvellyn may only be the third highest fell in the Lake District, but it is by far the most popular – and challenging – to navigate. Though recommended for only the most experienced walkers, the dramatic knife-edge ridges attract over 250,000 hardy ramblers every year. With breathtaking panoramic summit views and its razor-sharp ridges, Swirral and Striding Edge, Helvellyn comes packed with plenty of unique hill walker challenges.

We recommend taking an OS map and compass.

Do not attempt in bad weather.

Distance: 13.7 km
Duration: 5 hours
Ascent: 781 m
Descent: 781 m

