

Circular route

- 1 Start at Aira Force National Trust car park on the A592 - postcode CA11 0JS.
- 2 Leave the car park and head straight up the well-marked footpath to the waterfall.
- 3 Once you've seen the waterfall, continue up the path along the right-hand side of the river, keeping the beck (stream) on your left. This leads up to a second waterfall, High Force, and continues past the trees into the open countryside of Gowbarrow Park.
- 4 Follow the path that runs along the edge of an old drystone wall until you reach a gate leading off uphill to the right (signed Gowbarrow). At the end of the wooded area, go through the gate and continue along the open path until you see a small wooded area on your right. At this point you will see the Ullswater Way daffodil signpost. Follow this route uphill, signed for Gowbarrow.
- 5 This section of the walk is the steepest and can be slippery when wet, so take extra care. The path will eventually level out. Just before reaching the summit, take a right turn at the fork in the path. Continue along until you reach the trig point (triangulation station) marking the summit of Gowbarrow Fell at 481 m.
- 6 To descend from Gowbarrow summit return on the path you came on. At the path junction just under the summit, turn right.
- 7 At the next path junction, continue around the front of Gowbarrow Fell towards the views across Ullswater, ensuring you don't enter the woods. As the path begins to turn south, the mountains above Ullswater will appear.
- 8 Take care as you descend as the path is steep and can become slippery when wet. As you take the last path junction into the woods, the path will rejoin the Aira Force Waterfall Trail. Once you have crossed the bridge, follow the signs to the car park.



Photo: visitlakedistrict.com

Aira Force & Gowbarrow

Moderate | 7 km | 2 hours

MORE WALKS THIS WAY



ANOTHER PLACE

Walking in the Lake District comes with risk and conditions change quickly. We would always recommend checking the weather forecast, wearing suitable clothes and choosing a walk for your ability. We would also recommend taking an OS map and compass, and know how to use them. The hotel takes no responsibility for any injury, loss or damages that may occur when following the directions.

Gowbarrow

MODERATE

Combine some of the best landscapes in the Lake District with the stunning Aira Force waterfalls. If you're not an experienced walker, trail finding can be tricky, so it's best to save this one for a clear day.

Dogs are welcome, but please keep them on a lead due to the presence of red squirrels and sheep. After visiting the Aira Force waterfalls, continue upwards around Gowbarrow for panoramic views of Ullswater.

We recommend bringing an OS map and compass.

Distance: 7 km
Duration: 2 hours
Ascent: 356 m
Descent: 356 m

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